



Lynn Browne

Biography

Bringing 20-plus years of experience working as an administrative professional in both the public and private sectors to her own business venture, this gifted energy worker and professional life coach truly knows what her clients and students want when they come to her seeking to find balance in their energy and in their lives. And she knows just how to help them achieve it.

Those clients and students come from wide and varying backgrounds and include solopreneurs, teachers, engineers, single moms, retirees, career-changers, students, massage therapists, real estate professionals, the wife of a famous jockey and even an infant!

Lynn wrote the book – literally – on Reiki training. When she began teaching Reiki, rather than utilizing the manuals available on the market, Lynn wrote her own student and teacher training manuals for each of the four levels of Reiki training.

A life long learner, Lynn received her professional life coach training through the International Coach Academy. A Reiki Master/Teacher, she also completed the Adirondack Herbal Apprenticeship program to become a certified herbalist, holds a certificate in hypnotherapy from the Hypnodyne Institute, is level 2 certified in Healing Touch for Animals®, has studied the Polynesian philosophy of Huna for years and is currently pursuing a B.S. in Holistic Ministry from the American Institute of Holistic Theology.

Balancing career, education, business building and family life with honesty, spirituality and a wicked sense of humor, Lynn is a role model for living an authentic life filled with courage, gratitude and joy.

Lynn M.E. Browne
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